



**OSAGE NATION
HEALTH SYSTEM**

A Culture of Caring

Osage Health Newsletter

LATEST HEALTH & WELLNESS NEWS, ACTIVITIES, AND HAPPENINGS

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Health & Wellness Topics

The very latest of a variety of Health & Wellness topics happening today.

Osage Nation Breaks Ground on New Skiatook Health Clinic



Jimmy Burt (ONHS), Lindsay King (ONHS), Brandon Wallace (ONHS), Osage Congressman Eli Potts, Osage Congressman Scott Bighorse, Congressman Otto Hamilton, Congresswoman Pam Shaw, Principal Chief Geoffrey Standing Bear, Osage Nation Health System CEO Mark Rogers, Si-Si-A-Pe-Txa Board of Directors Vice Chairman Michael Bristow, Si-Si-A-Pe-Txa Board Member Tim Shallow, ONHS COO Kirk Shaw, ONHS CFO James Brasel, ONHS Medical Director Dr. Melissa McIntosh, ONHS HR Director Julie Standing Bear, and Jacque Hensley, Director of American Indian Medicine and Science at Oklahoma State University

The Osage Nation celebrated a significant milestone this morning with the official groundbreaking ceremony for the future Skiatook Health Clinic. This transformative project will expand access to healthcare and wellness services for Native American patients and families across the Osage Nation Reservation.

The new 50,000-square-foot facility will be located directly across from the Skiatook Osage Casino and represents a major investment in the future of healthcare within the Osage Nation. Comparable in size to the Wahzhazhe Health Center in Pawhuska, the Skiatook Health Center will provide a wide range of essential healthcare services, including primary care, pharmacy services, behavioral health, imaging, and a comprehensive dental program.

The ceremony brought together tribal leadership, healthcare administrators, project partners, and community members to commemorate the beginning of construction

and recognize the collaborative efforts that made the project possible. Guests were welcomed by Osage Nation Health System CEO Mark Rogers, followed by an invocation from Mr. Tim Lookout. Remarks were also shared by Osage Nation Principal Chief Geoffrey Standing Bear, Congressional representatives, and Si-Si-A-Pe-Txa leadership, all emphasizing the importance of investing in the long-term health and well-being of the Osage people and surrounding communities.

“This project represents more than a new building,” leaders shared throughout the ceremony. “It reflects a commitment to expanding access to compassionate, high-quality healthcare while strengthening the future of our Nation for generations to come.” The Skiatook Health Clinic project demonstrates the Osage Nation’s continued dedication to improving access to healthcare, enhancing patient services, and creating spaces where individuals and families can receive exceptional care close to home.

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Osage Nation Health Board Completes Loan Closing and Consolidation



(Left to Right: James Brasel, CFO, Dr. Kirk Shaw, COO, Timothy Shadlow, Board Member, Cindra Shangreau, Board Chairwoman, Chief Geoffrey Standing Bear, Michael Bristow, Vice Chairman, Dr. Lancer Stephens, Board Member, Mark Rogers, CEO, Dr. Melissa McIntosh, CMO; Hailey Kramer, Board Secretary, not pictured).

On May 22nd 2026, the Osage Nation's Health Board Authority, Si-Si A-Pe-Txa (SSAPT) - translated as "The Healing Place" - completed its consolidated loan closing with BoK Financial. The existing loan rolled both the Pawhuska and Skiatook projects into a single loan product, securing the success and future of both projects. The original loan with the Wahzhazhe Clinic in Pawhuska came with a loan guarantee from the Osage Nation that was eliminated with the consolidated loan, removing risk from the Osage Nation and transferring it completely to the SSAPT Health Authority Board via collateral of Third Party Revenues and security of the Indian Health Services' 105 (I) Lease program, which allows for costs to be covered for principle and interest of both projects, now in effect. The spectacular growth in Third Party Revenue over the past four years, along with future projections, made the decision to consolidate an easy choice. CEO Mark Rogers noted, "This is a tremendously huge and historic day for the Osage Nation, and for generations to come. With this program, the Osage Nation Health System (ONHS) has supported and assured a strong healthcare program and services for years to come with new, modern facilities, state-of-the-art equipment, information systems, greatly expanded specialty services, and good-paying healthcare job opportunities within the reservation and region." It is anticipated that Skiatook alone will add another estimated 85 employment opportunities by itself, along with another estimated 15 employees with the Assisted

Living in Hominy, that is projected to open in early 2027, growing the SSAPT employee umbrella to 360 total employees once completed and staffed. Chairwoman Shangreau stated, "We are incredibly proud and honored to have accomplished so much in such a short period of time with this board and executive team, as well as our strategic private sector partners. Their expertise in financing within Indian Country, along with the Indian Health Service's guidance, has helped numerous Tribes in securing and expanding upon their sovereignty and self-determination goals in healthcare across the nation." The Osage Nation Congress and Executive Branches originally structured the five-member SSAPT Health Authority Board in line with national standards and recommendations for the size and number of experts that can rapidly react and respond to fluid, high-growth challenges and taskings that have been demanded of SSAPT in delivering much-needed services to the Osage Nation. Over the past four years, every conceivable metric of business success, recognized and measured by the business world, has been achieved in spectacular fashion. SSAPT has attained consistent clean audits, spotless accreditation and governmental inspections at every turn, high patient satisfaction, overall strong employee morale with significant reduction in turnover, and has done so with an active and engaged board focused upon success - and

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Osage Nation Breaks Ground on New Skiatook Health Clinic

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Osage Congressman Eli Potts, Osage Congressman Scott Bighorse, Congressman Otto Hamilton, Congresswoman Pam Shaw, Principal Chief Geoffrey Standing Bear, Si-Si-A-Pe-Txa Board of Directors Vice Chairman Michael Bristow, and Si-Si-A-Pe-Txa Board Member Tim Shadlow during the ceremonial groundbreaking.

Osage Nation Health Board Celebrates Four Years of Growth, Innovation, and Impact

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In May 2026, the Osage Nation's Health Board Authority, Si-Si A-Pe-Txa (SSAPT) - translated as "The Healing Place" - proudly celebrates four years of transformational growth in healthcare and wellness services for the Osage people. Created through the visionary passage of the Health Care Reform Act of 2022 by the Osage Congress and signed into law by Chief Geoffrey Standing Bear, SSAPT represents the Osage Nation's commitment to exercising its sovereign right to govern and strengthen its own healthcare system. What began as a bold step toward self-governance has evolved into one of the most significant healthcare transformations in Tribal history. Today, SSAPT stands as a powerful example of what can be accomplished through strategic leadership, accountability, and a deep commitment to community health and wellness.

Building a Stronger Healthcare System

Since 2022, SSAPT has undergone a dramatic transformation across every level of operation. One of the earliest successes came through the complete turnaround of the Title VI Elder Nutrition Program. After numerous service and nutrition quality complaints, new leadership quickly reorganized, improved oversight, and, with a highly dedicated staff, now administers a peerless service to Tribal Elders and other clients. At the same time, SSAPT successfully transitioned to an independent Tribal healthcare enterprise, implementing new accounting, payroll, procurement, human resources, finance, and information technology systems. These major infrastructure improvements included millions of dollars in investments in upgraded software, networking, and operational software systems. Despite the scale of these tectonic transitions, SSAPT has earned clean audits for the past three consecutive years - an achievement recognized repeatedly by independent auditors conducting both governmental

and enterprise annual audits.

Expanding Behavioral Health and Recovery Services.

A major milestone for the Osage Nation Health System was the consolidation and expansion of behavioral health and substance abuse recovery services. Thanks to pandemic era funding, counseling and residential treatment programs that were once scattered across the reservation were successfully centralized into one centralized, state-of-the-art campus location. SSAPT leadership also worked closely with the Oklahoma Health Care Authority to resolve longstanding billing compliance issues

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Osage Nation Health Board Completes Loan Closing and Consolidation

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achieving it. These factors also positioned the enterprise perfectly for securing favorable financing terms with the loan consolidation that was completed, as these are important factors that weigh into these complex transactions and loan structures during the arduous vetting and approval processes. Principal Chief Geoffrey Standing Bear attended the last SSAPT Health Board meeting before the upcoming Osage Nation elections to thank the board members, the executive team, and other strategic partners for achieving what many thought were impossible feats in such an incredibly short period of time. The board recognized Chief Standing Bear for his support and service to the Osage Nation and to the Health Board with a Pendleton Chief Joseph blanket (pictured above). The future continues to be extremely bright for SSAPT and the Osage Nation's services and programs as well as its employees who do incredible work each and every day to make the health and wellness of the Osage Reservation their central priority.

Osage Nation Health Board Celebrates Four Years of Growth, Innovation, and Impact

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inherited from prior leadership. Through a successful corrective action and aggressive “get well” plan, the organization dramatically reduced financial liability and restored operational stability. Today, the program is thriving. The Osage Nation Counseling Center recently received near-perfect accreditation survey results from the Commission on Accreditation of Rehabilitation Facilities (CARF) - the Tribe’s best ever - and continues progressing toward full credentialing and privileging with insurance providers and other payors of healthcare services.

Rapid Growth in Employment and Services.

In 2022, the Osage Nation health system employed approximately 65 individuals. Today, that number has grown to 260 employees, including specialty providers and other healthcare specialists, adding high-paying healthcare jobs in the area along with other significant area economic impacts. The workforce reflects SSAPT’s commitment to Native employment and leadership development:

- More than 100 employees are Osage Nation Tribal members serving in leadership, management, and key operational roles.
- More than 100 employees are Native Americans representing other Tribal nations.
- Approximately 60 employees come from diverse non-Native backgrounds.

This growth represents one of the largest expansions of Osage Nation employment in recent years and in the entire history of the Osage Nation Health Programs. The future continues to be bright with the development of new healthcare initiatives, including:

- The upcoming assisted living facility in Hominy.

- Expansion of healthcare services in Skiatook via a new clinic location that recently broke ground, supported by a \$3.5 million Indian Health Service grant, to expand access to care and strengthen the healthcare footprint for Tribal members living in the Southeast corner of the Osage reservation.

Growth of Services through Grant Programs

Since 2023, Osage Nation Health System has taken a strategic approach to grants management to secure federal dollars to expand current services and implement new services to better serve our people. Expansions in the following programs have played a vital role in service delivery and growth:

- Diabetes
- Elder Services
- Elder Nutrition
- Family Violence
- Prevention
- Public Health Nursing

Our investment in these vital services has proven highly impactful for the communities we serve, as evidenced by the millions of dollars in grant services administered through SSAPT.

A Culture Focused on Employees and Excellence

SSAPT has also prioritized employee recognition and workplace morale in ways rarely seen across Tribal programs or other enterprises. In the past four years, the organization has presented more than 290 employee awards and recognitions through:

- Monthly employee anniversary celebrations
- Birthday recognitions
- Employee appreciation programs
- Holiday and appreciation lunches
- Other activities organized by the Employee Morale Committee Leadership believe that investing in employees directly improves patient care, and the results continue to prove that philosophy is successful!

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Osage Nation Health Board Celebrates Four Years of Growth, Innovation, and Impact

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Bringing Specialty Care Home

One of SSAPT's greatest accomplishments has been dramatically improving access to specialty healthcare services. Previously, Tribal members often waited 12 to 24 months for appointments in specialties in the private sector outside the reservation, such as:

- Neurology
- Pulmonology
- Cardiology
- Podiatry
- Gerontology
- Dermatology
- Physical Therapy
- Periodontics

Today, many of these services are available directly on the reservation through the Osage Nation Health System, allowing patients to secure appointments within weeks rather than months or years. SSAPT has also expanded chronic disease management services, including:

- Same-day diabetic care appointments
- Integrated dental, optometry, and primary care access
- Nutrition consultations
- Fitness consultations
- Diabetes education programs featuring kitchen teaching and healthy menu development

These programs are significantly improving prevention efforts, disease management outcomes, and overall quality of life for Tribal members. Improvements in service delivery with Dental and Optometry represent the most expansive services in the Osage Nation's history.

Investing in Facilities and Technology

To support continued growth, SSAPT has expanded its facilities and operational infrastructure, including new buildings for:

- Procurement
- Maintenance
- Grants program administration
- Healthcare support services

The organization also implemented major

technological advancements, including:

- A moderate complexity laboratory — the first of its kind in tribal history for expanded diagnostic testing with a “perfect” CLIA inspection!
- The Epic electronic health record system, with MyChart integration, allows patients to:
 - View appointments
 - Access test results
 - Communicate with providers
 - Improve referral coordination, continuity of care, and PRC payments

These improvements have accelerated referrals, improved patient safety, strengthened diagnostic capabilities, and enhanced the overall patient experience, as consistently reflected in patient surveys and compliments.

National Recognition and Cultural Investment

In April 2026, a survey by the Commission on Accreditation of Rehabilitation Facilities (CARF) reviewed the counseling center program for another three-year successful accreditation period.

Previously in 2024, the Osage Nation Primary Residential Treatment (PRT) Center garnered recognition on the list of “America’s Best Addiction Treatment Centers” by Newsweek and Statista for excellence in substance abuse treatment services, earning national recognition for patient outcomes and program quality, and exceeding expectations in achieving remarkable results that have set a benchmark for the industry. SSAPT also secured a \$250,000 grant from Pfizer dedicated specifically to culturally related programming and healing initiatives. Investments from this funding have supported:

- Traditional sweat lodge programming
- Cultural crafts programming
- Expanded supplies and facilities
- Cultural services contractors dedicated to client wellness and recovery

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Osage Nation Health Board Celebrates Four Years of Growth, Innovation, and Impact

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These initiatives reinforce the Osage Nation's belief that healing includes cultural identity, connection, and tradition.

Financial Stewardship and Strategic Leadership

All ARPA-funded projects were completed on time, within budget, and in compliance with Tribal directives and federal requirements. SSAPT leadership also made the strategic decision to maintain alignment with the Tribe's Human Resources employee insurance structure, rather than separating into an independent benefits system. This decision helped stabilize healthcare costs and prevented significant increases in employee insurance expenses for both Tribal government and Health System employees. As a result of strong operational management and strategic growth, SSAPT has achieved:

- Significant increases in year-over-year revenue improvement
- Significantly increased the total Third-Party revenue generation from 2022 to 2026 (in the millions)!
- Significant expansion of healthcare access and services for the Osage Nation and other serviced Tribal patients and their families

Growing Into the Future

Under the leadership of its executive team and Chief Executive Officer, SSAPT continues building a healthcare system focused on the needs, values, and future of the Osage Nation. What began as a bold exercise in self-governance has become a thriving healthcare enterprise dedicated to healing, innovation, accountability, and cultural strength. As SSAPT celebrates four years of success, one message remains clear: The future of Osage Nation Healthcare is stronger than ever - and still growing!

May is Mental Health Awareness

It is likely that almost everyone has either had or has a family member or friend who has had a mental health disorder diagnosis. We are told that these are medical diagnoses. And yet, if we are being honest, we all continue to struggle with the idea that mental health disorders are an illness and not something we can control. I mean, after all, isn't it all in our minds?

The truth is that mental health diagnoses are both medically defined illnesses and they are also unique in the mind of every individual - complicated mixtures stemming from nature and nurture, biological and psychological, genetic and experiential. It then follows that treatment of mental health disorders will include both medical and psychological components tailored to the unique needs of the individual being treated. We know this, right?

Then why does mental health stigma still exist? Mental health stigma involves negative, judgmental attitudes (public stigma) or internalized shame (self-stigma) surrounding mental illnesses, often leading to discrimination, social isolation, and reluctance to seek treatment. Even when treatment is sought, stigma creates feelings of shame, high rates of medication discontinuation, and/or discontinuance of therapeutic care. Stigma surrounding mental health medication often stems from misconceptions that taking psychiatric drugs or seeking therapy indicates weakness, that drugs are "mind-altering" crutches, and people just need to "pull themselves up by their bootstraps".

The National Institute of Mental Health reports that one in five adults in the U.S. suffers from mental illness each year, and 56% of these do not seek treatment. Changing the stigma of mental health is important, ongoing, and you can make a difference. Focus on empathy, remember that good mental health is a part of good overall health, educate others with facts, and challenge derogatory language about mental health. Encourage people in need of help to seek care.

The Osage Nation Health System is actively promoting May as Mental Health Awareness Month by focusing on the theme "More Good Days Together," supporting community, providing practical tools for mental wellness, and reducing the stigma associated with mental illness. Additionally, the Osage Nation Counseling Center (ONCC) and Primary Residential Treatment (PRT) program for drug and alcohol treatment are continuously working to improve and expand services. A medical facility and on-site primary care have been added to the PRT campus, and work to complete the on-site kitchen is moving forward. A full-time psychiatrist has been added to the campus staff. Transitional housing, available to those who graduate from PRT, is developing new programming to help clients build the living skills they need and access the resources they need for successful integration into a sober, culturally connected life.

For those interested in mental health and/or substance use treatments, please don't hesitate to contact the Osage Nation Counseling Center at 539-212-2499 or the Primary Residential Treatment Program at 918-604-3288. Supporting healthy minds promotes healthy communities.

Meet the PEOPLE BEHIND THE CARE

Whitney Cass

Whitney Cass has been part of the Osage Nation Health System team for six months and serves in Patient Registration for the Physical Therapy Department. A graduate of Pawhuska High School, Whitney previously worked for Grand Mental Health before pursuing the opportunity to work for the Osage Nation Health System and serve her community.

In her role, Whitney works closely with patients by helping schedule appointments in a timely and convenient manner while creating a welcoming environment for everyone who walks through the doors. She especially enjoys interacting with patients and says the elders hold a special place in her heart.

Whitney says one of her favorite parts of working at ONHS is witnessing the health system's growth and the level of care provided to the community. She is motivated daily by opportunities to learn new things and step outside of her comfort zone.



Serving the Osage community means a great deal to Whitney, and she says she is thankful to contribute in even a small way. She hopes patients feel cared for, welcomed, and safe when interacting with ONHS staff and wants the community to know that the Physical Therapy team genuinely cares about their well-being.

Outside of work, Whitney enjoys reading, watching documentaries, and spending time with her dogs. She says being part of ONHS means being part of something bigger than herself, and she is proud to be a member of such a supportive team.

Meet the PEOPLE BEHIND THE CARE

Kayla Marsh

Kayla Marsh has worked in Patient Registration for three years and brings experience in patient relations, communication, and healthcare operations to her role at Osage Nation Health System. She graduated from Tri-County Tech with a degree in Dental Assisting and has developed a strong background working in emergency rooms and main admission settings.

In her role at ONHS, Kayla assists patients through the registration process by updating patient information, verifying insurance details, answering phone calls, and helping ensure each patient receives efficient and compassionate care. She says she enjoys making a positive difference in someone's day and appreciates the supportive and encouraging team environment she works in.

One of Kayla's favorite parts of working at ONHS is the opportunity to care for tribal members while learning more about the Osage Nation's culture and traditions. She says serving the Osage community is both meaningful and impactful, allowing her to contribute to the health and well-being of others while supporting the health system's mission.

Kayla hopes patients and community members know her department is



dedicated to helping people receive the care and services they need while making the process as smooth and positive as possible. She wants every patient interaction to leave individuals feeling genuinely cared for, respected, and valued.

Outside of work, Kayla enjoys spending time with her family, especially attending her children's sporting events. She also enjoys traveling, fishing, relaxing at the lake, watching dirt track racing, and spending time with her pug, Diesel.

Kayla says one thing people may not know about her is that she has a fear of June bugs. She is proud of the professional growth she has experienced throughout her career and encourages anyone interested in working at ONHS to take the opportunity, describing the workplace as supportive, welcoming, and encouraging for personal and professional growth.

Osage Nation Health System CHR Program Recognized at Statewide Child Passenger Safety Conference

By Jami Jones, Community Health Representatives Director



The Osage Nation Health System's Community Health Representative (CHR) Program was recently recognized at the 19th Annual Martha Collar Tech Reunion Conference, a statewide child passenger safety conference held on April 15. The event brought together professionals and organizations from across Oklahoma, including hospitals, tribes, state and local programs, law enforcement agencies, and other community partners dedicated to improving child passenger safety.

Two dedicated members of the ONHS CHR team, LeRae BrownWolf and Samantha Frye, were honored for more than 10 years of service as Certified Child Passenger Safety Technicians. Their continued commitment reflects the CHR program's ongoing dedication to protecting children and supporting families throughout Osage County.

According to Jami Jones, Director of the Community Health Representative Program, both BrownWolf and Frye are passionate advocates for the families they serve and consistently provide exceptional care through all aspects of their work, including child passenger safety education and services.

In addition to the team recognition, Jones was also awarded the Rural Technician of the Year Award, an honor recognizing outstanding service and dedication in rural child passenger safety efforts across the state.

The recognition highlights the important work being done by the Osage Nation Health System CHR Program and its role in promoting the health and safety of Native families and children within the community.

The CHR Program also offers a Car Seat Program for eligible families. Native American children living within Osage County may qualify for assistance. Required documentation includes a CDIB or tribal membership card, driver's license, proof of address, the child's current height and weight, and a \$15 cash fee. Appointments are required.

Additionally, car seat checks are available to anyone by appointment only.

For more information about the Car Seat Program or to schedule an appointment, community members may contact the ONHS Community Health Representatives Program at (539) 212-2615.

The Importance of Dental Care During Pregnancy

By Miranda Scholz, DDS, Dental Department Director



Photo: @istock / bluecinema

Maintaining oral health is important for everyone, especially pregnant women, who are more susceptible to gum disease and tooth decay. Visiting the dental clinic for an exam can help ensure your overall health and your baby's.

Did you know that pregnancy gingivitis can occur in 40% of pregnancies? Changes in hormone levels can make the gums more sensitive to irritants, leading to redness and inflammation. In some cases, gingival growths may form called pyogenic granulomas, or pregnancy tumors. While these seem alarming, they will resolve after the baby is born. Prescription mouth rinses can also be given to help reduce additional inflammation. These same hormonal changes can also affect the ligaments that hold the teeth in their sockets, making them feel slightly loose. This is nothing to be alarmed about and will also resolve with the end of pregnancy. Periodontal disease, or advanced gum disease, has been shown to contribute to low birth weight. Excessive oral bacteria can enter the bloodstream through the gums, triggering prostaglandin production

that can induce premature labor. It is very important to brush and floss twice a day and to attend regular dental cleanings. Many mothers report an increased number of cavities during their pregnancy. Many blame the baby for “stealing the calcium” from their teeth. This actually is not true. There is no scientific basis for the belief that babies must take calcium from the mother’s teeth. Rather, calcium is obtained from the mother’s diet, and if that is not sufficient, from the mother’s bones. Other changes can cause tooth decay, including vomiting from morning sickness and acid reflux. The increased acidity in the oral cavity from both of these conditions can contribute to enamel breakdown and dental decay. Rinsing the mouth with a teaspoon of baking soda in a cup of water can neutralize acid. Avoid brushing your teeth immediately after vomiting. Changes in diet, particularly increases in carbohydrate and sugar intake, will also contribute to tooth decay.

Please tell us if you are a patient in our clinic and are expecting, because some medications and treatments can be harmful or not recommended during pregnancy. In general, most dental treatments, such as fillings, extractions, and crowns, are safe and should be completed during the second trimester if at all possible. While we do need to take extra precautions, pregnancy is not a reason to neglect your oral health or delay going to the dentist. The mother’s health, including her oral health, will directly affect her baby’s health. Every mother wants a healthy baby, but don’t forget to take care of yourself, too.

Facilities Department's Unsung Heroes

By Jacques Jones, Facilities Department



Behind every smooth day at Osage Nation Health System is a team working tirelessly to keep our facilities safe, clean, and fully operational. The Facilities Department plays a vital role in supporting every program, every employee, and every patient we serve across Osage County.

From maintaining critical building systems, to ensuring a clean and welcoming environment, to providing security and safety for staff and visitors—this team is always working, often behind the scenes, to make sure everything runs exactly as it should.

Facilities is made up of three essential divisions: Maintenance, Housekeeping, and Security. Together, they provide comprehensive support across all ONHS locations. In addition to their daily responsibilities, the team frequently assists with event setup and tear-down, emergency response efforts, facility improvements, and a wide range of operational needs that help keep the Health System moving forward.

Their dedication is seen not only in the daily upkeep of our facilities, but also in the pride they take in ensuring our patients, staff, and community members have safe, welcoming, and well-maintained spaces to receive care and services. Whether preparing for large community events, responding quickly to unexpected maintenance issues, keeping facilities spotless, or helping ensure the safety of everyone who walks through our doors,

this team consistently goes above and beyond.

What often goes unseen are the long hours, the rapid response to unexpected challenges, and the constant commitment to making sure every department has what it needs to succeed. Their work directly impacts patient care, staff efficiency, and the overall experience within our facilities. Thanks to their hard work and dedication, ONHS facilities are places our staff and community can truly be proud of.

We are incredibly grateful for everything this team does each day to support ONHS's mission and the health and well-being of the Osage community.

We are proud to recognize the individuals who make up this dedicated team:

Director, Brandon M. Wallace

Administrative Assistant, Jacque Jones

Maintenance Supervisor, Joe Don Mashunkashey

Maintenance Technicians - James Allison, Giovanni Soliano, and KC Bills Jr.

Operations

Facilities Operations Manager, William Mitchell

Housekeeping Team - Braydon Schmidtlein, Katelynn Moore, Julia Young, Keith Lambert, Jason Anderson, Kellie Reyes, Electra Davis, and Faith Ratcliff

Security - Thomas Trumbly, Keenan Davis, and Devon Pratt

HEALTH VISION MONTH

Schedule with our optometry department to have your regular vision check.


Contact Us 918.287.9300




OSAGE NATION HEALTH SYSTEM
A Culture of Caring



National Nurses Month **MAY 2026**


OSAGE NATION HEALTH SYSTEM
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BACK TO SCHOOL AND SPORTS PHYSICALS

Get ready for the upcoming school year and sports season

Services Offered:
Sports Physicals
Well-Child Checks
Back-to-School Physicals
Immunizations

AVAILABLE DATES / TIMES:
Thursday, May 28, 8AM - 4:30PM
Tuesday, July 28, 8AM - 4:30PM
Thursday, July 30, 8AM - 4:30PM

Important Information:

- Parents must call to schedule an appointment.
- Patients being seen must have a chart established with registration prior to their visit.



OSAGE NATION HEALTH SYSTEM
A Culture of Caring

Thursday, May 28th
From 10 AM - 3 PM
at Barnsdall
520 W Main St. 74002



FREE HEALTH SCREENINGS

Public Health Nursing is providing free health screenings

Get a free health screening and receive free vegetable plants.




Take the first step toward a healthier you. See you there!

EMPOWERING NATIVE YOUTH



Wahzhazhe Youth Council

**Honoring Tradition,
Leading Today,
Building Tomorrow**

Ages range for eligibility: 13-24



Get Involved:
prevention@osagehealth.org
 606 Kihokah Avenue, Pawhuska, OK
<https://osagehealth.org/wahzhazheyouthcouncil/>



Questions? Contact John Leland, Prevention Advisor
 539.212.2437 | lleland@osagehealth.org

OSAGE NATION HEALTH SYSTEM
 A Culture of Caring

Presented by the Diabetes Program

**NUTRITION MONTH
COOKING CLASS**


JUNE 4th 2026

At the new Wahzhazhe Health Center, 2nd floor cooking demonstration kitchen

Participants will receive a Meal Prep cookbook. Healthy snacks will be provided.

316 E. Main Street, Pawhuska 539.212.2373

OSAGE NATION HEALTH SYSTEM
 A Culture of Caring



Prenatal Classes

Available to all expectant mothers (Native or carrying a Native child) residing in Osage County.

Every Wednesday from 10 AM - 11 AM.
 Classes begin Wednesday, April 22nd.

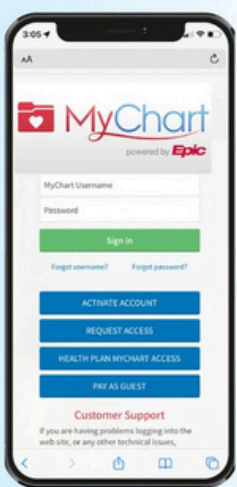
**Location: Osage Nation Health System,
 Public Health Nursing Department
 1230 W. Main Street
 Pawhuska, OK. 74056**

This 6 week class will include weekly drawings for prizes for participants.

Register in advance by contacting April Cooper, LP.N. at april.cooper@osagehealth.org or 539.212.0243.

brought to you by the IHS Native Public Health Resilience Grant

MyChart at the OSAGE NATION HEALTH SYSTEM



New Patient Portal:

- Improved access to your health information
- Communicate directly with your provider
- Request an appointment
- And more!

Install the app on iPhone or Android for real-time access to your health information

Apple version note: MyChart app versions 10.9 and above require iOS 16



For Your Information:



Chair Ballet Classes

Join us for our new Chair Ballet classes every Wednesday 10:30-11:30am

Classes are free for elders and will be held at ONHS Elder Nutrition / Title VI 350 Senior Circle Drive



Sign up for **TEXT ALERTS** via Hello World



-  **APPOINTMENT REMINDERS**
-  **CONFIRM APPOINTMENTS**
-  **CANCEL APPOINTMENTS**

Text **START** to **98041** or SCAN the QR code to OPT IN



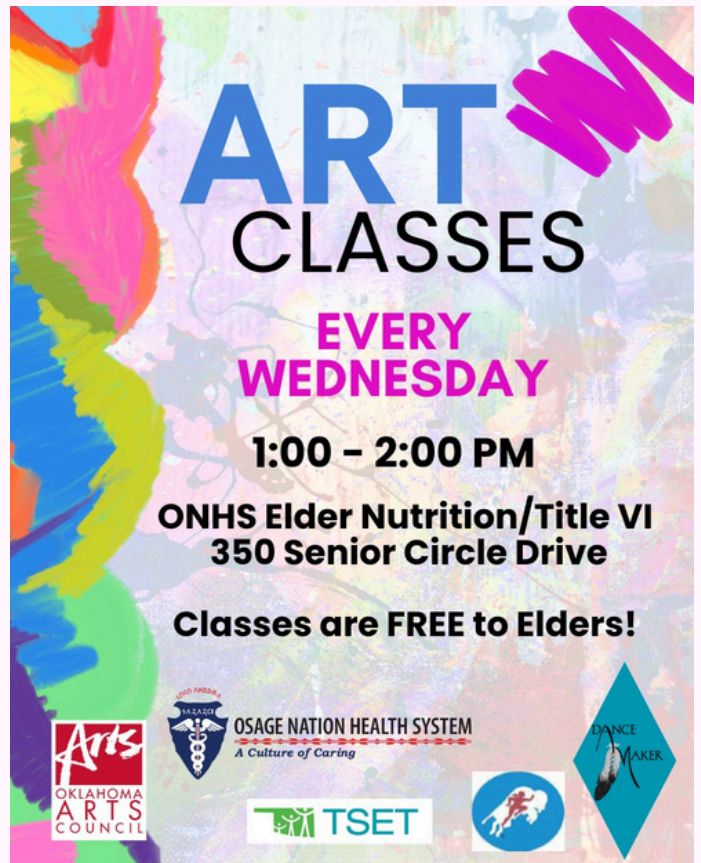
Hello World gives you more control on your healthcare journey, with notifications of appointments sent right to you via text message.




Attention Patients: Please bring all of your current medication bottles to your appointments. This will help our providers and nurses accurately review and enter your information into our new electronic health system, Epic.

Thank you for your cooperation and understanding!

Osage Nation Health System - Pharmacy
316 E. Main Street, Pawhuska, OK. 74056 918.287.9300




ART CLASSES

EVERY WEDNESDAY

1:00 - 2:00 PM

ONHS Elder Nutrition/Title VI
350 Senior Circle Drive

Classes are FREE to Elders!



Observances for May & June

May:

Monthly Observances

- Bleeding Disorders Awareness Month
- Alport Awareness Month
- ALS Awareness Month
- Arthritis Awareness Month
- Blood Clot Awareness Month
- Cystic Fibrosis Awareness Month
- Ehlers-Danlos Syndromes and Hypermobility Spectrum Disorders Awareness Month
- Global Employee Health and Fitness Month
- Hepatitis Awareness Month
- Healthy Vision Month
- Lupus Awareness Month
- Mental Health Awareness Month
- National Asthma & Allergy Awareness Month
- National Celiac Disease Awareness Month
- National Critical Care Awareness & Recognition Month
- National High Blood Pressure Education Month
- National Nurses Month
- National Osteoporosis Awareness Month
- National Physical Fitness and Sports Month
- National Speech-Language-Hearing Month
- National Stroke Awareness Month
- National Teen Pregnancy Prevention Month
- National Women's Health Month
- Older Americans Month
- Oncology Nursing Month
- Preeclampsia Awareness Month
- Skin Cancer Prevention and Awareness Month

Awareness Weeks

- May 1-7: National Physical Education and Sport Week
- May 3-9: Children's Mental Health Awareness Week
- May 4-8: Air Quality Awareness Week
- May 6-12: National Nurses Week
- May 10-16: Food Allergy Awareness Week
- May 10-16: Maternal Sepsis Week
- May 10-16: National Hospital Week
- May 10-16: National Skilled Nursing Care Week
- May 10-16: National Stuttering Awareness Week
- May 10-16: National Women's Health Week
- May 10-16: Neuroscience Nurses Week

Days to Note

- World Hygiene Day – May 5
- World Pulmonary Hypertension Day – May 5
- World Asthma Day – May 5
- World Maternal Mental Health Day – May 6
- Children's Mental Health Awareness Day – May 7
- National Women's Checkup Day – May 11
- World Oral Health Day – March 20
- International Nurses Day – May 12
- HIV Vaccine Awareness Day – May 18
- World Autoimmune/Auto-inflammatory Arthritis Day – May 20
- World Preeclampsia Day – May 22
- Medical Coder Day – May 23
- National Senior Health & Fitness Day – May 27
- World No Tobacco Day – May 31

June:

- Alzheimer's Disease & Brain Awareness Month
- Cataract Awareness Month
- Men's Health Month
- Myasthenia Gravis Awareness Month
- National Aphasia Awareness Month
- National Congenital Cytomegalovirus Awareness Month
- National Employee Wellness Month
- National Migraine and Headache Awareness Month
- National Safety Month
- Scleroderma Awareness Month
- Post-Traumatic Stress Disorder Awareness Month
- Scoliosis Awareness Month

Awareness Weeks

- June 1-7: CPR & AED Awareness Week
- June 8-14: Men's Health Week
- June 11-17: Certified Nursing Assistant Week
- June 12-27: Helen Keller Deaf-Blind Awareness Week

Days to Note

- National Healthcare Recruiter Recognition Day – June 2
- National Cancer Survivors Day – June 7
- World Brain Tumor Day – June 8
- Family Health and Fitness Day – June 13
- World Blood Donor Day – June 14
- Autistic Pride Day – June 18
- World Sickle Cell Day – June 19
- World Vitiligo Day – June 25
- National HIV Testing Day – June 27
- PTSD Screening Day – June 27

Wahzhazhe Health Center

316 East Main Street
Pawhuska, OK 74056
Tel: 918.287.9300

To report an ER visit within 72 hours, please call Purchase Referred Care at 918.287.9388.

Compliance Concerns: compliance@osagehealth.org

IMPORTANT NUMBERS

24/7 Suicide Crisis Lifeline: 988

ONHS Counseling Center

M-F 8a-4:30p

539.212.2499

Wahzhazhe Health Center 918.287.9300
Title VI 539.212.2510 Prevention
539.212.2521 ONHS Security
539.212.2559 Family Violence
Prevention (FVP) 539.212.2506 FVP
24/7 Crisis Hotline 866.897.4747

988 SUICIDE & CRISIS LIFELINE